

"THE WEST SIDE STORY"

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(Disciples of Christ)
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FROM THE PASTOR

As you might imagine, Marion and I have been just a little busy the last few weeks unpacking boxes, figuring out the best driving routes to work, and in the midst of getting settled in, attempting to spend time with one another. It goes without saying that we have had a busy last few months. Between graduating from divinity school, becoming ordained, getting married, and moving to a new city to begin new ministries, it is remarkable that we have had any time at all to spend with one another. However, we have managed and we are here. Getting settled will continue to be a process, but I am present and accounted for as your new minister.

I cannot begin to tell you how excited I am about the wonderful ministry already taking place at West Side Christian Church. I have no doubt that new adventures and challenges are in our near future and I am confident that God has special plans for the people connected to this congregation. I am just thankful that I will be able to play a small role in helping lead this congregation into its fiftieth anniversary and beyond.

My sermon on July 17th (my first Sunday) began a sermon series that should take us into the first week of August. The series is intended to help us think about who we are, as people of faith, in order that we might begin our new ministry together from the same point of reference. The first week's sermon dealt with our role within the larger Christian communion or greater body of Christ. On July 31st, worship will deal more

specifically with what it means to be a church which is a part of the Christian Church (Disciples of Christ). I will have just returned from General Assembly in Portland, Oregon which I hope will give us even more direction in discerning our place as a local congregation within our greater denomination. Finally, on August 7th, I will explore the possibilities for the ministry of West Side Christian Church, giving attention to specific ways in which we can be about the work of discipleship, making disciples so that we might become a "Church of the Resurrection."

Following this series, I plan to focus worship on the many ways in which we might discern our gifts for ministry, both as individuals and as a congregation. My hope is that by concentrating our time and energy on assessing our spiritual gifts, we might find some direction for where God might be calling the ministry of our church during the fall and winter months ahead.

Of course, during this discernment and assessment process we will continue participating in a number of ministries this congregation has already begun. Vacation Bible School will begin on July 31st and run through August 4th. I know that all volunteers are welcome and needed during this important time for our children. On July 28th, the Disciples Men will have hosted district eight at West Side for a dinner and program. The fiftieth anniversary committee has begun meeting as well, in order to begin planning for our celebration in 2006. In addition to these events, our community day and homecoming will soon be upon us on September 24th and 25th.

It is evident that we have many busy weeks

ahead of us in preparing for the variety of ministries we plan to offer as a congregation. As we begin our new ministry together, I invite each of you to prayerfully consider how it is that we might be better stewards of all our gifts which include our time, energy, talents, and resources. May we be gracious in the giving of our gifts so that our ministry here at West Side might reach beyond the boundaries to which we have been able to extend thus far. The more we are able to share our gifts, the more the ministry of our church will touch the lives of God's people.

Again, I want to thank you for the opportunity to serve God and to serve West Side Christian Church. May our time together be blessed and our work together further the Kingdom of God on earth.

Peace,
Nathan

MARY'S WELLNESS CORNER



"Refreshing Healthy Snacks from the Bible"

"On each bank of the stream, all kinds of trees will grow to provide food. Their leaves will never wither and they will never stop bearing fruit. They will have fresh fruit every month, because they are watered by the stream that flows from the Temple. Their fruit will be for food, and their leaves for healing." Ezekiel 47:12.

Wheat Crackers with cheese or honey controls gastrointestinal distress, decreases blood pressure, tooth decay, builds bones, heals wounds, calms nerves, soothes asthma symptoms and enriches the spirit. Jeremiah 41:8; Is. 7:22; Proverbs 24:13.

Apples decrease cholesterol, blood pressure, appetite, tooth decay; control blood sugar and enrich the spirit. Song of Solomon.

Grapes decrease cholesterol, tooth decay, and increase appetite. Numbers 13:23.

Cucumbers cool, clean and thin the blood. Numbers 11:5-6.

Nuts decrease cholesterol, and control blood sugar. Song of Songs 6:11.

OTHER HEALING FOODS

Olives, fish and onions, not only decrease cholesterol and blood pressure, but increase strength. Fish and onions also decrease rheumatoid arthritis pain. James 5:14; Luke 24:42-43; Numbers 11:5.

Beans decrease cholesterol, blood pressure, gastrointestinal distress and appetite, and control blood sugar. Ezekiel 4:9

Garlic decreases blood pressure, gastrointestinal distress, thins blood and is an antiseptic for wounds. Numbers 11:5

All of these foods are known to be antioxidants. This means they help fight many cancers.

The next time you are hungry for a refreshing snack, reach for one of the above foods!

Mary Peris, Parish Nurse

WSCC DMF TO SPONSOR FISH FRY



DMF will sponsor an Old Fashioned Fish Fry on Friday, August 19th, from 4:00-7:00 p.m. All you can eat for \$7.00. As always Chef Cornwell will provide us with a delicious meal. All proceeds will go toward repairing two bad sections in the front sidewalk. Also, a handicap ramp will be built to the northeast entrance to the church. Guests are always welcome and wanted.

Larry Hackler`

**ARTICLES FOR THE SEPTEMBER,
2005 NEWSLETTER WILL BE DUE
AUGUST 21.**

WELCOME



Welcome to Cecil Dillon who became a

member of WSCC on June 5. Cecil comes by way of statement. Cecil has attended WSCC for a number of years and is a willing worker on the Property Committee and we are happy to welcome him as a member.

CWF NEWS

Rebekah Group had 8 members present. Offering was \$51.00. They read 19 books, 6 Daily Devotions, 4 Disciples, 5 Regional papers. 4 cooking/crafts, 2 teaching and 1 leading magazines. They made 52 calls. August meeting will be with Mary Cornwell.

VACATION BIBLE SCHOOL JULY 31 – AUGUST 4, 2005

Bible School will be held in the evenings from 6:30-8:30 p.m. A light supper will be served.

Our theme for this year will be "Joseph, from the Pit to the Palace" which is based on a Stomp Musical. The ages are 2-12. Volunteers are always needed. See Becky Barclay.

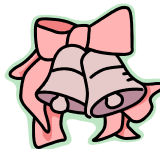


OUR SHUT-INS: Sandy Cotton, Sentara Nursing Center, 4201 Greenwood Dr., (P); Leona Brodie, The Heritage, 515 S. Warley, Florence, SC 29501; Mary Mingis, 4107 Heritage Rd., Richmond, 23227; Ruth Blackman, 1 Bon Secours Way, Cedar Pt. #241, (P); Martha Gray, Maryview Care Center, #229, 4775 Bridge Rd., (S); Sylvia Dickens, Autumn Care, 3610 Winchester Dr., (P); Helen McQuade, Maryview Care Center, 4775 Bridge Rd., (S).

OTHERS ON OUR PRAYER LIST: Sarah Crawford; Sid Price; Renee Twomey; Betty Lou Fox; Ellen Nelson; Hilda and Glen Weaver; Gilman family; Connie Hutto (cousin of Brenda Hayth); Pete Darden; Sam Waugh (brother-in-law of the Nutting's neighbor); Betty Bryan; Betty Lou Fox; Todd McRae (friend of John & Brenda Hayth); Margie Robinson.

to me. I will devinitely put it to good use since I will be attending Radford University in the fall. I plan to study pre-med with intentions on becoming a doctor someday. Thank you again to my church family.

In Christian love, Jamey Corbett



CONGRATULATIONS to Kevin and Helen Gibbs who were married on May 21, 2005, in Raleigh, NC. Their address is 1105 Barrow Nook Ct., Apex, NC 27502. Kevin is the son of

Leo and Pam Gibbs.

“THANKS”

I would like to thank all involved in making Graduation Sunday a memorable experience for all the graduates and their families. As a mother of one of the graduates, the entire service touched my heart. A special “thank you” to Mr. and Mrs. Cornwell for the delicious meal they prepared. Keep up the good work Education Committee.

In Christian love, Dee Ann Phelps



MEMBERSHIP

Be sure to mark your calendar for September 24 and 25. West Side will host its second annual Community Day on the 24th from 11 am until 3 pm. There will be games, pony rides, a “bounce house,” food, and lots of fun for all ages. We will need volunteers to run the games and greet the visitors to Community Day. On the 25th, there will be a Homecoming Celebration: coffee and donuts at 9:30 am, Church School at 9:45, and Worship at 11:00 with special music, and a potluck picnic following church. Please, invite family and friends to join us at West Side on these two special days in September.

PRE-SCHOOL, 2005-06



Preschool will begin on September 7 for the 4 year old class and the pre-three class. The 3 year old class will begin on the 8th. Orientation for all classes will be held on August 31.



Dear West Side Family,
Thank you so much for the scholarship money you presented

At the present time all classes are full but names can be put on a waiting list. One teacher is still needed. If you know of anyone who would be interested please let Jennifer Larson know as soon as possible.



To all those people who have been painting the pastor's study and the secretary's office. Blinds have been cleaned and curtains have been cleaned or replaced. Shelves are being cleaned and re-arranged and some items not being used will be placed in storage. Thanks to each and everyone who has participated in this project.

HAPPY BIRTHDAY

AUGUST

- 1 Brittany Gay
- 2 Jimmy Jarvis
- 3 John Wikoff, Brian Jarvis, Donna Nutting
- 9 Tim Wells, Sydney Oliver
- 10 Donna Owens, Sylvia Dickens
- 12 Dee Ann Phelps
- 13 Leona Brodie
- 14 Rachel Widener, Brent Milam
- 16 Mary Mingis, Cheryl Jarvis, Diana Davenport
- 18 Doris Tugwell
- 20 Barbara White
- 21 Ernestine Atzert
- 24 Sean Knill
- 26 Melinda Knill
- 28 Linda Hayes
- 29 Lynne Thomas
- 31 Norman Dickens, Evelyn Brown

LECTIONERY TEXT

August 7: Genesis 37:1-4, 12-28; Psalm 105:1-6, 16-22, 45b; Romans 10:5-15; Matthew 14:22-33

August 14: Genesis 45:1-15; Psalm 133; Romans 11:1-2a, 29-32; Matthew 15 (10-20), 21-28

August 21: Exodus 1:8—2:10; Psalm 124; Romans 12:1-8; Matthew 16:13-20

August 28: Exodus 3:1-15, Psalm 105:1-6, 23-26, 45c; Romans 12:9-21; Matthew 16:21-28

NEW LOCATION FOR REGIONAL OFFICE

The facilities that house the offices of the cooperative work of the congregations of the Christian Church (DOC) in Va. have traveled. It has been a Journey of Faith through many locations.

The first locations of regional offices were in Richmond. Located now in Lynchburg in a converted house rented to the region from Lynchburg College, we are visioning a more permanent location near the Summit, our continuing care retirement center.

By the decision of the Christian Church in Va. meeting in the 2004 Biannual Assembly, authority was given for the purchase, site preparation and building of an office facility. Authorization was also given for borrowing the needed funds to complete the building.

With this decision to locate near the Summit and to design and build our own office facility, we provide location, efficient floor plan and adequate parking with auxiliary meeting space for the first time.

“TUESDAY TALES”

“Tuesday Tales” will continue to meet on August 2, 9, and 16 from 9:00-11:00 a.m. Attendance has been good with around 23 children present. Carrie Kelly is the director. Volunteers are always welcome to read a story, help with crafts or snacks.

THANK YOU!

FYI: Nathan and Marion Brown's correct house number is 907 and their phone number is 234-0734.

Please add this information to your directory.



Word has been received in the office that Michael Hunt's wife, Cyndi, has now joined him in Korea and that they are expecting a child. Michael's new address is:

Spc Michael Hunt
Aco. 602d Aviation Svc Batt Unit 15203
APO AE 96271-5203

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Rev. Nathan Brown,
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