

"THE WEST SIDE STORY"

PUBLISHED MONTHLY BY

WEST SIDE CHRISTIAN CHURCH
(Disciples of Christ)
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VOLUME 33

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WEST SIDE MINISTRY TEAM

All Members and Friends
of the Congregation

Diann Johnston, Interim Pastor

Becky Barclay, Minister of Music

Tom and Jennifer Larson,
Youth Ministers

Mary Peris, Parish Nurse

Barbara Brown, Secretary

Joe Diggs, Custodian

CALLING ALL BOYS AND MEN

Monday, June 17, 5:00 p.m.
until ____! Fellows this is your
night out. Games, fellowship,
food, and fun. Each one bring
one! Relative or friend, or
someone who needs a friend, all
are invited.

Dinner will be served at 6:30
p.m., but come early to work up
an appetite and stay late to
work off the calories through
activities and games.

Menu: grilled barbecued

chicken, mashed potatoes, green
beans, cole slaw, rolls, tea,
coffee, soda, and a brownie
topped with ice cream.

Price: \$3.50 (age 6 and under is
\$2.50). Reservation slips will be
in church bulletins June 2 and
9.

Any monies over and above
expenses or donations will go to
youth camp expenses.

Due to the first Sunday
Luncheon on June 2, fish fry on
June 15, and Boys to Men Night
June 17, there will not be
Fellowship Dinner on the 19th.
Mary Cornwell, Membership

MARY'S WELLNESS CORNER

The season of cookouts, picnics
and beach/pool parties has
begun. Enjoy this family time
and keep your family safe from
injuries and summer related
illnesses.

PREVENT FOOD POISON- ING:

- Do Not eat meats, dressings,
salads, that have been sitting
our for 2 hours at a

temperature of 40 degrees
or higher.

- Cook hamburgers well done
and cook chicken until
juices are clear.
- Do not eat raw eggs or
sauces made with raw eggs.
- Keep party food and salads
on ice.
- Keep refrigerator
temperature between 34 and
40 degrees.
- Wash hands frequently,
especially after handling
raw meats and chicken.

**PROTECT YOURSELF
FROM THE SUN** and decrease
your risk for skin cancer:

SLIP on a shirt.

SLOP on sunscreen with a SPF
of 15 or higher.

SLAP on a hat that shades your
face, neck, and ears.

WRAP on a pair of sunglasses
(American Cancer Society).

LIMIT peak hour (10 am-4pm)
sun exposure.

SEEK out shady areas
wherever you are or take an
umbrella with you.

ALWAYS THINK SAFETY
around water:

NEVER leave a child alone
around any body of water (this

includes tubs, pools, ev

MARY'S WELLNESS CORNER

By Mary Peris, Parish Nurse

“Healthy Aging”

I have just returned from a week at Craig Springs Camp and Conference Center. This last week of the Camp Season had 65 New Covenant campers, ages 7-12. I first met some of these campers at New Covenant Camp 4 summers ago. Many of these campers have now hit a growth spurt and surpass me in height and in other physical ways. They also have grown socially, mentally and spiritually. During the week, while watching and participating with the campers, in all their activities, I continued to see changes occur. I was also reminded that these changes occur throughout our lifetime, as we all grow “older.”

September is Healthy Aging Month! Whether you are 7 or 70, aging can be fun and satisfying, if you continue to be motivated.

- You have heard the expression: “Energy begets energy!: Each day exercise for 30 minutes and give thanks to God for your physical health. This is good for your body and your spirit. “. . .’Your faith has made you well.” Luke 17-19b.
- Volunteer your time to serve in your community, and/or your church without over-extending yourself. Remember even Jesus went into the hills to be alone with His Father. Be a good neighbor and keep in touch with family and/or friends daily. “‘you shall love the Lord your God . . . and your neighbor as yourself.” Luke 10:27.
- Always be open to exercising your mind by reading, listening to tapes, learning a new skill or developing a hobby. “It is never too late!” “. . .’Go, for he is a chosen instrument of mine to carry my name before the Gentiles . . .” Acts 9:15.
- Keep your mind, body and spirit fixed on the One who gives us all hope and joy for the Eternal Life yet to come. “. . .He took the bread and blessed and broke it, and gave it to them. And their eyes were opened and they recognized Him; . . .” Luke 24: 30-31.

ARTICLES FOR THE OCT, 2002
NEWSLETTER WILL BE DUE SEPT 15!

WELLNESS NOTE

“CELEBRATE HEALTHY AGING”

by

Joining our “Exercise for Healthy Living” every Saturday at 10:00 a.m. We meet in the Fellowship Center of West Side Christian Church.

Be a participant in our monthly Wellness Day on the second Saturday. Between the hours of 10 and 12, blood pressure and blood sugar screenings take place. Tips for Healthy Living and Wholeness are always available. Special Wellness programs are periodically scheduled on these Saturdays.

As Fall arrives and the leaves change, you may want to make changes, too.

THANK YOU GOD FOR GIVING US CHOICES!

ADDRESS CHANGES

David and Brooke Kays
4251 Haughey Ave., Indianapolis, IN 46208
Phone: (317) 931-1960.
David is attending seminary there.

Greg Deweese
6855-F Brindle Heath Way
Alexandria, Va. 23315 (same phone#)

Timothy Wells
2930 St. Paul St., Apt. 3-R
Baltimore, MD 21218

CONGRATULATIONS!

To Garland and Oleta Cook who celebrated their 59th Wedding Anniversary on August 29.

“I want to thank those who came on Saturdays to help with the yard work. They did an outstanding job! There is still work to be done, so anytime you

can come and pull some weeds would be appreciated. Again, thanks to those who did come and do such a great job!

Berry Brown, Property Chairman

COME, JOIN US!



By the time you read this newsletter, school breaks for some will have already ended, others are about to end, vacations will be over and summer 2002 will become history. Sure hope you have had a great summer, because we have surely missed seeing many of you at West Side recently.

As we begin to try to get back in the swing of things, establish some semblance of order and routine, please work church activities and youth fellowship into your schedules. September is a busy month, especially for parents with young children to get ready for school, and still involved in fall sports. Hopefully, to be helpful and to get our Fellowship Dinners off to a good start, Membership will prepare dinner for a free will donation. The menu will be: baked potatoes and salad with fixins', rolls, drink, dessert. September 18 is the date and 6:30 p.m. is the time. Table games and just fellowship will be the program. To avoid waste of food, yet have plenty for all, reservation slips will be in the bulletins September 8 and 15 or you may call the church office, 488-0514.



Mark your calendars now! September 29 at 4:00 p.m., West Side will come together for our annual picnic. Mm-m-m, so good! So many good dishes to sample! It seems everyone has one or two really special dishes. We would like to make this a real old fashion' picnic with homemade ice cream! So, if you have an ice cream freezer and are willing to make your favorite flavor, please let Mary Cornwell know. (488-7393). There will be games, fun, and more. Invite a friend, an inactive member, or a former member.

Oh, you have never attended a West Side picnic? You just don't know what you have missed. Do come! Try this one! Don't forget to bring lawn chairs.

Mary Cornwell, Membership

OUR SHUT-INS: Hazel Jarvis, Sentara, Greenwood; Martha Cornett, 2231 Mimosa Dr., Lynchburg, Va. 24503; Leona Brodie, The Heritage, 515 S. Warley, Florence, SC 29501; Mary Mingis, 4107 Heritage Rd., Richmond, 23227; Ruth Blackman, 1 Bon Secours Way, Cedar Pt. #241, (P); Hervy Gray, Sr. (Beverly Manor, room 15); Martha Gray, Maryview Care Center; Oleta Cook, 319 Thelmar Lane, (P).

OTHERS ON OUR PRAYER LIST: Nancy Bowden; Patsy Pearce; Nancy Riddick; Evelyn Brown, surgery; Barbara White, surgery; John Wikoff; Esther Daniel.

CWF NEWS:

The Executive Board of CWF met in August and new officers will be:

Co-Presidents: Charlene Gray, Brenda Hayth

1st Vice President: Jennifer Larson

2nd Vice President: Theresa Honeycutt

Treasurer: Cheryl Jarvis

Hospitality: Barbara Herring

Secretary: Betty McCrickard

Service: Brenda Hayth.

Salad Supper will be on Sunday, September 8, at 6:00 p.m. No Executive Meeting this month. All ladies of the church are invited. Rebekah group will be in charge of the supper. Service Project for September: socks and underwear for boys and girls, which will be distributed to local public schools. We hope the entire church will support this needed effort. See Brenda Hayth for more information.

First Sunday Luncheons will resume in October. Rebekah Group will be hosts.

Lydia Group had 7 present. Offering was \$40.00. They read 8 books, 3 Daily Devotions, 2 Disciples, 3 Regional Papers, 3 crafts, 2 teaching magazines and made 30 calls.

Rebekah had 12 present. Offering was 476.00. They read 21 books, 9 Daily Devotions, 4 Disciples, 6 Regional Papers, 2 teaching, 3 cooking/crafts, 2 leading, and made 18 calls.

Sarah Group met at Eastside Pizza on August 18 with 5

members present. Beginning September we will be meet-ing the 1st Thursday of each month at 7:00 p.m. Our September meeting will be with Charlene Gray.



SEPTEMBER

- 2 John Hayth, Lloyd Crawford**
- 3 Oleta Cook**
- 4 Wilma Ingram**
- 6 Claudia Thompson, Rachel Powell**
- 7 Diane Milam, Brantley Jarvis**
- 9 Dick Oliver**
- 11 Morgan Phelps**
- 13 Debbie Johnson**
- 14 Amber Gray**
- 15 Renee Twomey**
- 17 Timothy Brown**
- 18 Doug Gibbs**
- 19 Matthew Corbett, Elnora Phillips**
- 20 Drew Thompson**
- 23 Thomas Crawford, Kim Greenwood**
- 24 Mary Redmon, Sarah (Jarvis) Smith, Kitty Baker**
- 25 Earl Ripley**
- 27 Kristie Acors, Sharon Jenson**
- 29 Martha Cornett**
- 30 Pat Henderson**

SOUP AND SALAD LUNCHEON SUNDAY, OCTOBER 13, 2002

The CWF will be hosting a Soup and Salad Luncheon on October 13 following worship. The baking talents of West Side women will be for sale to benefit "Talents for Missions."

LECTIONERY TEXT

**Sept. 1: Exodus 3: 1-15; Psalm 105: 1-6, 23-26, 45c;
Romans 12: 9-21; Matthew 16: 21-28**

**Sept. 8: Exodus 12: 1-14; Psalm 149; Romans 13: 8-14;
Matthew 18: 15-20**

Sept. 15: Exodus 14: 19-31; Psalm 114; Romans 14: 1-12; Matthew 18: 21-35

**Sept. 22: Exodus 16: 2-15; Psalm 105: 1-6, 37-45;
Philemon 1:21-30; Matthew 20: 1-16**

**Sept. 29: Exodus 17: 1-7; Psalm 78: 1-4, 12-16;
Philemon 2: 1-13; Matthew 21: 23-32**

**PULPIT SEARCH COMMITTEE
REPORT**

The Pulpit Search Committee is busy evaluating resumes and working toward the point of conducting interviews. The Committee asks for your continued prayers and support. We look forward as we know you do, to bringing forth a recommendation for our next settled pastor.

**In Christian service,
Brant Honeycutt, Chairman**

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DIANN JOHNSTON,
INTERIM MINISTER

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